

TOOL FOR FATHER ENGAGEMENT

<u>KEEP</u>	<u>TOSS</u>	<u>ADD</u>

- Once engagement has been established ask father to think back on his own childhood and the qualities he remembers from his own father (present or absent; what he was told or what he remembers)
- Ask father to name qualities; one at a time, and decide if this is a quality he would like to demonstrate with his own child(ren)
- If he would like to have this quality list in “Keep” column; if he would not like to have this quality list in “Toss” column
- Ask father to list any additional qualities he would like to have as a father to his child(ren) and list in “Add” Column
- Use “Add” column to create concrete goals and next steps for father to build these qualities