



Beyond the Birds and the Bees: Becoming Truly Trusted Adults

As youth-serving professionals, we often field questions from young people that we may not always feel comfortable answering.

The Beyond the Birds & the Bees training is a 2-hour workshop focused on answering tough questions that young people may ask regarding puberty, sexual health, risky behavior and/or other health-related questions.

The training is intended to help adults develop the skills and knowledge to discuss these topics effectively and become a safe person for young people to ask these questions.

Intended audience includes: case-workers, CASA volunteers, foster parents, guardians, kinship providers, and other youth-serving professionals.



CoSHI

Colorado Sexual Health Initiative

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SCAN ME



SUPPORTING GENDER-EXPANSIVE YOUTH

A training for professionals, foster families, and caregivers on how to provide affirming care for transgender, non-binary, and gender-expansive youth.

This workshop is 4-6 hours* and covers

transgender, non-binary, and gender-expansive identities, experiences, and pronouns

gender-affirming healthcare and caregiving

the rights and best-practices for supporting gender-expansive youth

*training length depends on the amount of 101 content you need