Secondary Trauma Support

Alvarado Consulting and Treatment Group, 720-284-4929, info@alvaradoconsultinggroup.com, https://alvaradoconsultinggroup.com/cdhs-secondary-trauma-relief

The Alvarado Consulting and Treatment Group is available to all Colorado county staff and leadership through September 2024.

Their provision of services is offered through webinars, on-site and virtual trainings, one-on-one and group coaching, practical tools and printed resources tailored specifically to the field of child welfare that provide the knowledge and skills necessary for organizations to integrate a trauma-informed paradigm of healing and to address the secondary trauma needs of their staff and retention challenges. The following are a few services offered to all counties in Colorado, and participants must register to attend.

- Individual Creation of Support for Your County
- Virtual Trainings for All County Staff and Leadership: Secondary Trauma Relief for Social Work Staff
- Monthly Secondary Trauma Relief Cohorts: 2-hour virtual cohorts for all staff
- Crisis and Trauma Debriefing and Coaching: One-on-one or group

For more information, visit the Alvarado Consulting and Treatment Group website.

Child Welfare THRIVE Intervention Program, 24-Hour Response Line: 303-605-5919, Training and Coaching Inquiries: Susan Archuleta, archules@msudenver.edu

The THRIVE Intervention Program provides vicarious and secondary trauma training and consultation for child welfare workers throughout Colorado, including supervisors, social workers, coaches, and managers. The THRIVE team conducts organizational training, workshops, team coaching, debriefings, and discussions related to current needs, trends, and issues as they relate to supporting resilience and mitigating the impact of secondary traumatic stress.

To respond to the emergent nature of child welfare services, the team staffs a 24-hour response line open to all THRIVE participants to receive confidential debriefing support within 24 hours of a critical incident, weekends and holidays excluded: 303-605-5919.

Ongoing vicarious trauma (VT) training helps caseworkers identify indicators of VT and techniques to mitigate it, both at work and at home. Supervisors and managers can experience training on how to supervise staff around VT, with emphasis placed on understanding the differences between task and clinical supervision. And supervisors can arrange for wellness and support coaching for their teams. To inquire about training for caseworkers and supervisors or coaching, email Susan Archuleta, archules@msudenver.edu. Download the THRIVE brochure on the CWTS website.